



NATIONAL YOUTH SPORTS – SAN ANTONIO RULES – SOCCER 3 -5 YEAR OLDS

Applies to both practices and games

NYS may modify the rules each season as needed.

Sport Objective	At this level the focus is on letting the kids play and have fun with the sport. The rules are modified, and violations are relaxed to allow the kids to develop the concepts of the sport.
Sportsmanship	We ask all coaches, parents and officials to encourage sportsmanship and fair play at all times. Any unsportsmanship or bad behavior by coaches, parents or players will be asked to leave the area. Any person ejected will be suspended from participating at their next scheduled game.
Uniforms	<ul style="list-style-type: none">- Players wear NYS provided jersey and must be tucked in to participate in games.- Shin guards are mandatory and must be worn under socks.- No hats, jewelry, metal cleats or football cleats allowed. No exceptions!
Field Specs	<ul style="list-style-type: none">- Ball size - 3- Goal size - 4 x 6 or 5 x 8- Field size – approximately 20 yards wide by 40 yards long- Spectators must be a minimum of 5 yards behind side lines and 10 yards from the goal lines
Players	<ul style="list-style-type: none">- To be eligible to play, players must be listed on the official season roster.- Maximum number of players on roster is 10, unless approved by NYS staff.- Game is played 5 on 5 (including goal keeper) and based on numbers of players on each team's roster.- If team does not have enough players, then game can be played 4 on 4 or 3 on 3.- Every child must play at least half of every game.
Game Play	<ul style="list-style-type: none">- Consist of 4, 6- minute quarters with a 3-minute halftime and 1 minute between quarters- Clock starts on the official's whistle.- Play begins with kicking team passing ball to teammate- No overtime – games end in a tie (no score kept)- No Forfeits- PER US SOCCER FEDERATION GUIDELINES FOR YOUTH, NO HEADERS ALLOWED
Substitutions	<ul style="list-style-type: none">- Allowed with referee's acknowledgment during breaks in play, kickoffs, goal kicks, throw-ins, injury or after goals have been scored.- Can only be made while in possession of the ball.
Coaching	<ul style="list-style-type: none">- Each team is allowed 1 coach on field and 1 behind the goal to instruct players- Head coach has authority to limit playing time for any player who consistently misses practice without an excuse or has caused disciplinary problems.
Officiating	<ul style="list-style-type: none">- No offside violations called.- No slide tackling or physical play.- Indirect kicks awarded outside the box.- No penalty kicks for infractions inside the box- Corner kicks allowed if defense touches ball before going out
Parents	<ul style="list-style-type: none">- While we encourage parents to get involved, during games we ask all parents to allow the coaches to coach and officials to officiate. Please limit your coaching from the sidelines.