



**NATIONAL YOUTH SPORTS
TACKLE FOOTBALL**

**PRE-SEASON COACH PACKET
FALL 2017 – SPRING 2018**



NATIONAL YOUTH SPORTS FREQUENTLY ASKED QUESTIONS

HOW CAN I GUARANTEE A HEAD COACHING SPOT AND TEAM?

The only way to assure a head coaching position and team is to enroll a full team. This would mean having at least 14 players requesting you as a coach in the 11-man league and at least 11 players requesting you as coach in the 8-man league. Registrants **MUST** be signed up by the tackle certification day to solidify your coaching spot and team. Coaches that fall under these requirements may still get a head coaching spot and team, but would be dependent on number of free agents available, which is never guaranteed.

WHAT ROLE DO I PLAY ON GAME DAYS?

NYS does not ask coaches to do anything other than educate and coach the children on their team! NYS will set up all fields and provide Site Directors and Referees.

DOES NYS PROVIDE PRACTICE LOCATIONS?

NYS partners with local school districts and parks & recreation departments in relation to practice facilities each season. We encourage ALL teams to utilize daylight hours, HOA parks, and neighborhood green areas to conduct practices to avoid additional costs. Each agency works differently. Please contact our NYS office for specific instructions for what you are trying to reserve.

WHEN CAN I RESERVE A PRACTICE FACILITY?

Once a team is established in our database (8 players registered for 8-man and 11 players registered for 11-man).

DO WE HAVE TO USE AN ASSIGNED NYS PRACTICE LOCATION?

NYS teams may obtain their own practice location, but may not contact school districts and parks/recreation departments, as those agencies will refer you back to the league. We encourage teams to utilize non-lit areas during daytime hours to minimize cost and maximize the number of facilities available to practice.

HOW OFTEN SHOULD MY TEAM PRACTICE?

Typically, teams practice between 2 - 3 times per week. NYS does not restrict the amount of practice time, so teams can practice as little or as much as they desire.

WHAT DO I NEED TO SUBMIT TO THE LEAGUE AS A COACH?

NYS will welcome all coaches selected to coach a team once their team is established. At that time, coaches can initiate their certification process. Coaches must complete a tackle football certification course online via USA Football (\$25), complete/submit the coach application form for background check (Free), and a concussion course through NFHS (Free). NYS will not charge additional fees for the card. The fees listed above are paid through the certification organization. The background check can be substituted with a valid Arizona State Fingerprint Clearance card (regular card), concealed weapon permit, valid identification for a law enforcement agency (not a military ID card). Our inaugural season each year begins with our Fall season. Once a coach completes all items, he or she will be administered a NYS Coach ID card, valid from August 1st of the current year to July 31st of the following year. Any individual on the team needing to obtain a coach card must complete this certification process.



NATIONAL YOUTH SPORTS FREQUENTLY ASKED QUESTIONS

SINCE NYS DOES NOT REQUIRE FUNDRAISING, CAN WE STILL OBTAIN SPONSORSHIPS FOR OUR TEAM?

NYS teams may not utilize our 501(c)3 non-profit number to obtain sponsorships or open bank accounts in their team name. Teams may obtain business sponsorship checks, made payable to NYS, to have an account open at our local office for team use. Funds can only be utilized for items for the children (registration, tournament costs, trophies, uniforms, etc.), and can only be debited by providing an invoice to be paid or a receipt for reimbursement. Any extra funds at the end of the season will stay with the team for use in a future NYS season and cannot be debited for cash.

NYS Sponsorship form can be found online at http://nysonline.org/Flyers/Sponsorship_Form.pdf

WHY DO WE GET OUR GAME SCHEDULES THE WEEK OF OUR FIRST GAME?

NYS strives for perfection and wants to ensure that when we distribute a schedule, that the information is up-to-date and accurate. Our organization works with many local school districts and local parks & recreation departments that may host various other activities at their locations. We release schedules the week of the first game to ensure that everyone has the most accurate information for the season!

WHY DO WE NOT GET UNIFORMS IN THE TACKLE PROGRAM?

We strive to have teams stay together and play on a year-round basis. Uniforms are items in which participants must purchase to allow for more team control and help to encourage teams to continue to play together throughout the year.

HOW DO PLAYER CERTIFICATIONS WORK ON GAMEDAY?

Prior to the game day, make sure that all your players have a valid NYS Photo ID card. On game day, report to the NYS Site Director 30 minutes prior to your scheduled game, to complete your player certification. In order to help the process run more efficiently, please make sure that you have your players lined up in alphabetical order. Collect all the player Photo ID cards. Weigh-ins are conducted without player's equipment.

The NYS representative will call out players by name. Each player, when called, will step forward and have their Photo ID card reviewed. The NYS representative will record the player as being present and record the player's age. For the 8-man and 11-man weighted divisions, after the player's Photo ID card is reviewed the player will step on the scale to have his or her weight recorded. A player is ineligible if he or she does not have a NYS Photo ID card, is not listed on the NYS certification form, or is over the allotted weight requirement (8-man and 11-man weighted leagues only).

CAN I COACH OR AM I ALLOWED TO COACH MULTIPLE TEAMS (ORGANIZATIONS)?

NYS does allow coaches to coach multiple teams within the league. A coach carrying more than one team is classified as an organization. In these situations, we require the organization to carry multiple coaches, as we cannot guarantee confliction in schedules on game days. NYS will strive to provide the best level of customer service in this area to accommodate everyone!

WHAT IS THE DEADLINE TO REGISTER PLAYERS?

NYS sets a roster deadline for all programs. Please contact your local office for deadline information.



NATIONAL YOUTH SPORTS FREQUENTLY ASKED QUESTIONS

HOW DO I STAY UPDATED ON LEAGUE INFORMATION?

- Follow NYS on Twitter at NYS Phoenix Tackle and receive “tweets” of every final score on gameday!
- Follow NYS on Facebook at National Youth Sports – SE Valley, Central Phoenix, South Phoenix, Laveen and receive league updates!
- Review League Rules, Updates, Schedules, Standings, Important Dates, ETC. on League Website
 - Go to www.nysonline.org

GAMESITE RULES

1. **Unregistered players are NOT ALLOWED TO PLAY.**
2. **Players missing their Photo ID Card will NOT BE ALLOWED TO PLAY in that game.**
3. **Ensure all players and coaches display good sportsmanship at all times!**
4. **Player Check-In begins 30 minutes prior to your game. Players do not wear equipment for weigh-ins.**
5. **Coach IDs are mandatory and required for Check-In and game play.**
6. **Limit of 7 Coach cards will be issued per team. This includes Coaches, Assistant Coaches, Team Parents, Photographers allowed on the sidelines during any given game.**
7. **NO SMOKING OR PETS at any game site.**
8. **Players do not have a required playing time in the 11-Man Unweighted and weighted league, but NYS strives to be an organization that emphasizes player development. We encourage all coaches to share in this same goal.**
9. **Players in the 8-Man Weighted leagues are guaranteed to play at least half of every game.**



NATIONAL YOUTH SPORTS

SAFETY TIPS AND CONCUSSION RECOGNITION

1. Make sure your players check with their family doctors to assess player fitness before they begin any sport programs. The parent/guardian is responsible for a player's health and the league assumes no responsibility.
2. Hydration is a big issue in sports. Ask parents to send their children to practice with water bottles, and as a coach, remind players they should drink water throughout the day.
3. Make sure players wear adequate protective gear and examine all training and field equipment. Teach players to use equipment only for its intended purpose.
4. Ask parents to keep a first-aid kit in their cars to supplement your own first-aid kit. Encourage parents to get certified in first aid and CPR. You can never have enough qualified hands in case of an emergency. A first-aid kit and at least one adult trained and certified in first aid and CPR should be present at all practices and games.
5. Anyone responsible for driving youth athletes to and from practices or games should be licensed and insured. Consider updating your own insurance policy to reflect carpooling care of passengers.
6. Do not leave players alone before, during or after practices! Encourage your players to think safety during all games and practices. Example: Baseball: bat control, throwing the ball.

CONCUSSION RECOGNITION - SIGNS AND SYMPTOMS

Concussions are a very serious injury. One misconception is that concussions are a football or contact sport related injury. Concussions can occur in any sport or recreational activity.

A concussion is a type of traumatic brain injury caused by a bump, blow, or jolt to the head that can change the way the brain normally works. Concussions can also occur from a blow to the body that causes the head to move rapidly back and forth. Even a "ding," "getting your bell rung," or what seems to be mild bump or blow to the head can be serious.

Signs Observed by Coaching Staff

- Appears dazed or stunned
- Is confused about assignment or position
- Forgets an instruction
- Is unsure of game, score, or opponent
- Moves clumsily
- Answers questions slowly
- Loses consciousness (even briefly)
- Shows mood, behavior, or personality changes
- Can't recall events prior to hit or fall
- Can't recall events after hit or fall

Symptoms Reported by Athlete

- Headache or "pressure" in head
- Nausea or vomiting
- Balance problems or dizziness
- Double or blurry vision
- Sensitivity to light
- Sensitivity to noise
- Feeling sluggish, hazy, foggy, or groggy
- Concentration or memory problems
- Confusion
- Does not "feel right" or is "feeling down"



NATIONAL YOUTH SPORTS

COACH ID CARD PROCESS

NYS will welcome all coaches selected to coach a team once their team is established. At that time, coaches can initiate their certification process and have the other individuals on their staff complete the process as well. Coaches must complete a tackle football certification course online via USA Football (\$25), complete a coach application (Free), and a concussion course through NFHS (Free). NYS will not charge additional fees for the card. The fees listed above are paid through the certification organization. Our inaugural season each year begins with our Fall season. Once a coach completes all items, he or she will be administered a NYS Coach ID card, valid from August 1st of the current year to June 30th of the following year. Any individual on the team needing to obtain a coach card (up to seven coach ID cards) must complete this certification process.

In order to obtain a coach ID card, the following items MUST be completed

- Complete USA Football Tackle Football Certification – \$25 (Valid for two years)
 - Access USA Football website at www.usafootball.com
 - Register as a coach or login as a coach if you already have an established account
 - Complete Course and Print Certificate

If you need additional assistance, you can reach our membership services department at our Help Desk or at 877-5-FOOTBALL.

- Complete the NFHS Concussion in Sports Course – Free
 - Access NFHS course website at www.nfhslearn.com
 - Register as a new user or login if you already have an established account
 - Under the Courses tab, Select Free Course
 - Access the Concussion in Sports – What You Need to Know Course
 - Complete the Course
 - Print Certification

- Complete Coach Application (on page 7 of the packet)

NYS Tackle Football Coach Application

**This form must be filled out by every coach on the team.
USA Football documents and this form will need to be turned in at the time your
Coach ID is taken.**

Applicant's Name _____ **Phone #:** _____

Address _____ **City** _____ **Zip** _____

Date of Birth: _____ **Social Security Number:** _____

What team are you coaching with? _____

Do you have a child on the team you are coaching? Yes No If yes, Child's Name: _____

I, undersigned applicant for coach, do hereby acknowledge and understand the following requirements and responsibilities of coaching in NYS and agree to abide by these requirements and all others that may be enacted by the board:

1. Every volunteer will be responsible for the sportsmanship of his/her players and parents.
2. Every coach is not only in charge of the sportsmanship of the children on the team but parents and spectators in the stands.
3. Every coach will be responsible for adherence to all League rules, including those concerning sportsmanship and player participation.

Signature: _____ Date: _____

I understand the purpose for which the above information will be used, and I voluntarily provide such information to NYS to be used for all authorized purposes. I hereby request and authorize NYS, acting through any of its officers, employees, volunteers, and agents to use the information provided by me on this form for performing a criminal history record check on me. I understand and agree that the result of the criminal history record check will be used to assist NYS in determining my eligibility for a coach or employment position with the league.

I hereby release NYS and its officers, employees, volunteers, and agents from any and all liability which may or could result from furnishing the information requested above or from any subsequent use of such information in determining my eligibility for a coach position with NYS.

Criminal History Record Check – To be filled out by NYS staff